

Temporary clinic closure - effective immediately Ehlers-Danlos/Hypermobility Spectrum Disorders Clinic closed to NEW referrals.

Although the CCHMC Hypermobility Clinic is closed to new referrals due to a planned retirement, OT/PT is still taking referrals for joint stability and strengthening for hyper mobile patients. We are actively recruiting and in the interim, we have compiled a resource list including recent podcasts on the topic.

If you have questions about suitability/necessity of specific genetic testing for a patient, please contact the genetic counselor on call via Physician Priority Link (513-636-7997). You can continue to use E-consult (part of Epic Link) for non-urgent patient related questions.

EDS/Hypermobility Resources:

<u>Community Practice Support Tools | Resources (cincinnatichildrens.org)</u> Look for the practice support tool under Human Genetics.

<u>Community PCP: Pediatric Consult Podcast - Hypermobility Spectrum Disorders</u>
Listen to pediatrician Jill Schaffeld, MD as she discusses EDS with Melodie Blacklidge, MD.

<u>Home - The Ehlers Danlos Society (ehlers-danlos.com)</u> The Ehlers-Danlos Society website.

<u>2017 EDS International Classification - The Ehlers Danlos Society (ehlers-danlos.com)</u> 2017 EDS International Classification (Ehlers-Danlos Society webpage).

<u>Assessing Joint Hypermobility - The Ehlers Danlos Society (ehlers-danlos.com)</u> Assessing Joint Hypermobility (Ehlers-Danlos Society webpage).

EDS and HSD Info - The Ehlers Danlos Society (ehlers-danlos.com) EDS and HSD information (Ehlers-Danlos Society webpage).

For Patients and Families:

Book - <u>Understanding Hypermobile Ehlers-Danlos Syndrome & Hypermobility Spectrum Disord</u> <u>| rchpublications (redcliffhousepublications.co.uk)</u>

Podcast - <u>Cate's Story: A Teenager's Journey to Understand and Take Control of Her Health |</u> Young & Healthy (podbean.com)

Listen as we talk to Cate and a member of her "medical village", Dr. Melodie Blacklidge, about Cate's eventual diagnoses of Hypermobility Spectrum Disorder and POTS – or postural orthostatic tachycardia



syndrome. Dr. Blacklidge explains hypermobility in an understandable way and explores how lonely it can be to have a condition that others don't understand.